



EAT SMART WITH THE LUNCH BUNCH

ea catering

Week Commencing:
29/01/24

MONDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

Or

Mighty Mac 'n' Cheese with
Garlic Bread Slice

SIDES

Baked Beans/ Coleslaw

Chipped Potatoes/ Mashed
Potatoes

DESSERT

Artic Roll with Peaches and
Pears

TUESDAY

MAIN COURSES

Italian Beef with Crusty Roll

Or

Pepperoni/ Margherita Pizza

SIDES

Garden Peas/ Salad

Homemade Diced Potatoes

DESSERT

Fresh Fruit Pot

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken Curry
& Naan Bread

Or

Steak Burger in a Bap &
Cheese

SIDES

Steamed Rice / Salad

DESSERT

Lemon Drizzle Cake &
Custard

THURSDAY

MAIN COURSES

Roast Gammon or Roast
Beef, Stuffing & Gravy

Or

Savory Mince

SIDES

Carrots & Parsnip/
Cauliflower Cheese

Mashed Potatoes / Oven
Roast Potato

DESSERT

Melon Wedge

FRIDAY

MAIN COURSES

Tasty Pork Sausages with
Tomato Ketchup / Gravy

Or

Salt N Chilli Wrap with Garlic
Mayo

SIDES

Mini Corn on the Cob/
Spaghetti Hoops

Chipped Potatoes/ Mashed
Potatoes

DESSERT

Decorated Fairy Cake

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL



EAT SMART WITH THE LUNCH BUNCH

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Week Commencing:
05/02/24

MONDAY

MAIN COURSES

Beef Bolognese with Garlic Bread

Or

Cod Fishcake with tartare Sauce

SIDES

Garden Peas

Oven Baked Potato Wedges

DESSERT

Melon, Mandarin & Pineapple Pots with Yoghurt Dip

TUESDAY

MAIN COURSES

Ham & Cheese Pizza or Pepperoni with Garlic Dip

Or

Tex Mex Beef & Veg Enchilada

SIDES

Mini Corn on the Cob/ Coleslaw

Chipped Potatoes / Baked Potato

DESSERT

Jelly & Mandarin Oranges

WEDNESDAY

MAIN COURSES

Lunch Bunch Chicken Curry & Naan Bread

Or

BBQ Chicken Wrap with Crunchy Salad

SIDES

Green Beans/ Sweetcorn

Steamed Rice

DESSERT

Cornflake Tart & Custard

THURSDAY

MAIN COURSES

Roast Beef or Pork, Stuffing & Gravy

Or

Stuffed Chicken

SIDES

Broccoli/ Turnip

Mashed Potatoes / Oven Roast Potato

DESSERT

Ice Cream, Pears & Chocolate Sauce

FRIDAY

MAIN COURSES

Oven Baked Chicken Goujons

Or

Sweet Chilli Chicken Panini

SIDES

Salad / Baked Beans

Chipped Potatoes/ Mashed Potatoes

DESSERT

Homemade Ginger Biscuit & Fruit

MILK, WATER, BREAD AND FRESH FRUIT AVAILABLE DAILY

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